Evidence-based nursing practice: Perspectives and practice among nurses in Ghana

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Evidence-based Nursing Practice (EBP) is a process by which evidence in nursing practice is critically evaluated and considered in relation with the patient for informed practices, optimum nursing care or patient outcomes. EBP is a critical step in improving healthcare quality as well as the ability to enhance personal and professional performance of nurses.

This descriptive study aims at investigating the perspectives of evidence-based practice among clinical nurses and nurse educators in Ghana. The study will further identify barriers to EBP in clinical settings, teaching and determine pedagogical interventions aimed at improving teaching in nursing training institutions.

It is expected that nurses will based their clinical reasoning on knowledge acquired from education and/or experiences passed down from other more seasoned clinicians. In this context, promoting the culture of evidence-based nursing education may help in advancing nursing science and practice in Ghana. Findings from this study will help to improve the understanding of EBP in Ghana.